Workout Schedules Starting 11/9/20

Mondays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	
Boys Gym		Volleyball						
Girls Gym		Badminton						
Taggart		J\	JV Boys Bball			V Boys Bball		
Varsity Softball Field		Softball						
JV Softball Field		Girls Soccer						
North End Zone			Freshman Football					
South End Zone								
Left Field Baseball			Parallall.					
Right Field Baseball		Baseball						
Track					Cross Co	untry		
Tennis Courts		Girls Tennis						

Tuesdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm
Boys Gym		Volleyball					
Girls Gym	Frost	ո & JV Gir	ls Bball	sh Boys E	Boys Bball		
Taggart			V Girls Bball				
Varsity Softball Field							
JV Softball Field			Boys Socce				
North End Zone			JV & V F				
South End Zone			JVQVF				
Left Field Baseball							
Right Field Baseball							
Track	Tra	ack				Cross (Country
Tennis Courts		Boys Tennis					

Wednesdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm
Boys Gym	Volleyball						
Girls Gym		Badminton					
Taggart		JV Boys Bball				ı	
Varsity Softball Field		Softball					
JV Softball Field		Girls Soccer					
North End Zone			Eurobason Euroball				
South End Zone		Freshman Football					
Left Field Baseball			Baseball				
Right Field Baseball		Daseball					
Track	Tra	ack					
Tennis Courts		Girls Tennis					

Thursdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	
Boys Gym		Volleyball						
Girls Gym	Frosi	Frosh & JV Girls Bball Fros				sh Boys Bball		
Taggart		V Girls Bball						
Varsity Softball Field								
JV Softball Field		Boys Soccer						
North End Zone		JV & V Football						
South End Zone								
Left Field Baseball								
Right Field Baseball								
Track	Tra	ack				Cross (Country	
Tennis Courts		Boys Tennis						

Fridays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm	
Boys Gym		Volleyball						
Girls Gym		Badminton						
Taggart		JV Boys Bball			V Boys Bball			
Varsity Softball Field								
JV Softball Field								
North End Zone		V Football						
South End Zone								
Left Field Baseball								
Right Field Baseball			Baseball					
Track			Cross Cou				untry	

Badminton
Volleyball
JV & V Football
Freshman Footbal
Track
Cross Country
Girls Tennis
Boys Tennis
Baseball
Boys Bball
V Girls Bball

Girls Soccer Boys Soccer Softball