

Workout Schedules Starting 11/9/20

Mondays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm
Boys Gym	Volleyball						
Girls Gym	Badminton						
Taggart		JV Boys Bball		V Boys Bball			
Varsity Softball Field	Softball						
JV Softball Field		Girls Soccer					
North End Zone	Freshman Football						
South End Zone	Freshman Football						
Left Field Baseball		Baseball					
Right Field Baseball		Baseball					
Track					Cross Country		
Tennis Courts		Girls Tennis					

Tuesdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm
Boys Gym	Volleyball						
Girls Gym	Frosh & JV Girls Bball		Frosh Boys Bball				
Taggart	V Girls Bball						
Varsity Softball Field							
JV Softball Field		Boys Soccer					
North End Zone	JV & V Football						
South End Zone	JV & V Football						
Left Field Baseball							
Right Field Baseball							
Track	Track					Cross Country	
Tennis Courts		Boys Tennis					

Wednesdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm
Boys Gym	Volleyball						
Girls Gym	Badminton						
Taggart		JV Boys Bball		V Boys Bball			
Varsity Softball Field	Softball						
JV Softball Field		Girls Soccer					
North End Zone	Freshman Football						
South End Zone	Freshman Football						
Left Field Baseball		Baseball					
Right Field Baseball		Baseball					
Track	Track						
Tennis Courts		Girls Tennis					

Thursdays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm
Boys Gym	Volleyball						
Girls Gym	Frosh & JV Girls Bball		Frosh Boys Bball				
Taggart	V Girls Bball						
Varsity Softball Field							
JV Softball Field		Boys Soccer					
North End Zone	JV & V Football						
South End Zone	JV & V Football						
Left Field Baseball							
Right Field Baseball							
Track	Track					Cross Country	
Tennis Courts		Boys Tennis					

Fridays	2:30pm	3:00pm	3:30pm	4:00pm	4:30pm	5:00pm	5:30pm
Boys Gym	Volleyball						
Girls Gym	Badminton						
Taggart		JV Boys Bball		V Boys Bball			
Varsity Softball Field							
JV Softball Field							
North End Zone	V Football						
South End Zone	V Football						
Left Field Baseball		Baseball					
Right Field Baseball		Baseball					
Track					Cross Country		

Badminton
Volleyball
JV & V Football
Freshman Football
Track
Cross Country
Girls Tennis
Boys Tennis
Baseball
Boys Bball
V Girls Bball

Girls Soccer
Boys Soccer
Softball